

# The How Patterdale Cottage

Dear Guest

Welcome to The How in Patterdale. Please find enclosed information that should make your stay more relaxed and enjoyable. Whilst we recognise that the last thing you want to do is spend hours reading through a lot of information, please at least ensure you familiarise yourself with the general safety information, and refer to the rest as and when needed!

We endeavour to ensure that you have all that you need, but if you have any problems, accidents or are missing any essentials then please just give us a ring (07767 794225).

Hopefully you'll find the information here useful and up to date, but if you find anything missing or incorrect then please let us know.

In the meantime relax and enjoy your stay!

*Rob and Emma*

Rob and Emma Shephard

**PLEASE NOTE THE POSTAL ADDRESS OF THE COTTAGE IS**

***THE HOW, PATTERDALE, PENRITH, CUMBRIA, CA11 0NW***

**PLEASE QUOTE ADDRESS IF CONTACTING EMERGENCY SERVICES**

**Broadband Wifi**

**Network Name: BT-N2AH69**

**Wireless Key (Password): EH4DcdQtvXpF6u**

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# The How Patterdale Cottage

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# The How Patterdale Cottage

## SAFETY INFORMATION

We don't want to bombard you with "do's and don'ts" but the following information is important. Most of it is common sense, but it aims to ensure that your stay at The How is as safe as possible. Please take the time to read this – and ensure that everyone knows what to do in the event of a fire.

**PLEASE NOTE THE POSTAL ADDRESS OF THE COTTAGE IS  
*THE HOW, PATTERDALE, PENRITH, CUMBRIA, CA11 0NW*  
PLEASE QUOTE ADDRESS IF CONTACTING EMERGENCY SERVICES**

### In the event of a fire

- **Leave the cottage immediately.** We suggest you leave the house keys in the back door overnight so you know where they are!
- If you have a mobile phone, ring 999 and ask for the fire service. The nearest phone box is by the White Lion Pub. There is a local fire service and they will arrive as soon as possible.
- Whilst we have a fire blanket and fire extinguisher in the kitchen (in the thin wall cupboard with no handle to the right of the cooker) and in the hall way by the back door these should not be used to tackle anything but the most minor incidents.

- **Escape Routes**

The best exit is of course through the back door. In the unlikely event that you cannot get access to the front door, the patio doors in the living room (keys to the right) and the bedroom window in the main bedroom could be used as an escape route. Lower yourself out of the window feet first.

- Assemble in front of the cottage and ensure that everyone has evacuated the cottage.
- At an appropriate time, please ring us on 07767 794225

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# The How Patterdale Cottage

## General safety

- General cleaning equipment is stored in the cupboard under the kitchen sink and in the bathroom. Other general equipment is stored in the outside utility room. Please ensure that babies and young children do not have access to these.
- The patios and path outside can be VERY slippery, even when it is not raining. Please take care when walking on them and supervise young children. Please ensure that young children and babies are supervised at all times.
- A wood burning stove is attractive, but please treat it with respect. Do not allow children to play with the fire. **PLEASE DO NOT LEAVE THE FIRE UNATTENDED.**
- Always close the door of the stove and do not remove the rug from in front of the fire.
- Do not “overload” the fire, and please be careful when opening the door as it can become hot. Please only burn wood and paper – no plastic or other materials.
- There is one mains wired smoke and heat alarm at the cottage – in the hall way. Please ensure the bathroom door is closed when showering, and the kitchen window is open when cooking to avoid unnecessary alarms.
- Please note we are not on the mains sewer. Please therefore do not put anything other than toilet paper down the loo.
- The cottage does not have an in-house telephone, but there is reception for Vodafone. If you have a Vodafone, please keep it in your bedroom overnight in case you need to contact the emergency services. The nearest phone box is next to the White Lion Pub if needed.

## Emergency Contact Numbers

**Serious emergency** (Police, Fire, Ambulance): 999

**Local Doctor:** Glenridding Health Centre: 017684 82297

**NHS Direct** (incl. Dentists): 111

**Police (non-emergency):** 101

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# The How Patterdale Cottage

## Guide to the Cottage

### General

#### Breakages

Accidents do happen. If you break or damage anything, or if you find anything damaged on arrival please let us know as soon as possible so that we can put it right.

#### Parking

Parking for the cottage is on the driveway. Please close the gates to the drive when you leave to stop the sheep wandering in and eating all the flowers!

#### No Smoking

We would appreciate it if you would not smoke in the cottage – thank you!

#### Weather

There is a local weather service, which gives a local forecast and includes information on snow and ice conditions in the winter. The telephone number is 08700 550575.

### Departure

Check out is 09:30am on the day of departure. We would appreciate it if you could text us on 07767 794225 when you leave. Please leave the bathroom window open and the key in the key safe outside the door (code 1815).

### Outside Lights

As you can imagine it gets very dark outside the cottage at night, so if you are heading out for the evening we strongly suggest you a) take a torch and b) switch on the outside lights. The switch by the back door controls the outside lights – with the one nearest the door controlling the light by the patio doors and the middle switch controlling the light outside the back door. Please remember to switch these off again when you return.

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# The How Patterdale Cottage

## The Lounge

### Books, Games and TV

We hope the lounge contains everything you need to while away the evenings. There is a selection of board games and DVD's in the TV console and on the bookcase for you to use as well as maps and guides to the area to help you plan your stay. Please feel free to borrow the maps /guides but do remember to return them for the use of future guests.

The instructions for the TV and DVD are in the kitchen sink drawer. We have freeview channels and the TV is "Smart" and connected to the WiFi so you can use your Netflix/Prime etc subscriptions if required.

The Patio door key is on a chain on the bookcase. You need to flip the lever up once you have turned the key and down again before locking it.

### Heating

The cottage has electric heaters in all the rooms. They are not set to come on at particular times, therefore please alter them to suit your individual requirements. They are easy to operate. Please press the middle button to turn them "On" where "Ronit Digital Systems" will come up and the current temperature a few seconds later. To increase the temperature, press the + button (to the right of the centre button) and to decrease the temperature press the minus button (to the left of the centre button). The heater will heat the room up to the required temperature. To turn the heaters off - press the middle button and the heaters will return to "Standby".

As they are electrical heaters **DO NOT PLACE ANYTHING DIRECTLY ON THEM - THIS IS A FIRE HAZARD**. Please use the ailer/"clothes horse" provided which can be found in the outside utility room.

### Wood Burning Stove

With the insulation and heaters the main benefits of the stove are therapeutic and decorative rather than essentially warming! We have provided enough logs, kindle and firelighters/matches for the wood burner to keep you going for the start of your stay. The firelighters and matches are stored under the sink in the kitchen.

If you require any more logs during the course of your stay they can be purchased from R&R Corner Shop in Glenridding. To light the fire, place lightly screwed up newspaper in the wood burner and lay sticks and one piece of firelighter on top. Add a couple of logs on top of that and then light the firelighter. Remember to close the stove door when the fire is lit. You can adjust the airflow to the stove by using the controls at the top and bottom. Be aware the stove can get very hot during operation so care should be taken. If you are not used to using woodburners we recommend reading the instructions located in the kitchen sink cupboard.

Please remember to empty the grate daily. Please sweep the cold ash into newspaper and place in the dustbin outside.

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# The How Patterdale Cottage

## The Bathroom

In the bathroom there is a heated towel rail which comes on automatically.

### Hot Water

Hot water is heated on a timed setting. There is a large hot water tank so you should have plenty of hot water although it may take some time to come through.

### Shower & Bath

The left hand lever controls the flow. For the main overhead shower rotate the lever back and for the hand shower rotate forward.

The right hand lever controls the temperature – rotate forward to increase heat and press button to get maximum heat

The bath plug is on the top of the glass shelf next to the bath. To operate the plug once it is in position just twist the overflow to the right to close and left to open

### Septic Tank

We have a septic tank so please only put loo paper and the obvious down the toilet. All other material should be bagged and placed in the bin provided!

## The Kitchen & Utility Room

### Making a brew

The water in the cottage is safe to drink but we suggest emptying the kettle and filling with fresh water in between cuppas. Mugs can be found in the cupboard above the microwave, and there should be plenty of teas and coffees in the wooden caddy.

### Utensils & Cupboards

Hopefully the kitchen should contain everything you need for your stay, and nothing should be too hard to find. In a nutshell the main items are located as follows:

- Main cutlery - draw is to the left of the sink
- Plates/Bowls – cupboard above the microwave
- Pans - cupboard to the left of the sink
- Colander/Grater/baking trays – cupboard to the left of the sink
- Glasses and other items – cupboard above the microwave
- Place mats and coasters – on top of the microwave
- Instructions manuals – kitchen sink drawer
- Cleaning materials etc – Cupboard under the sink
- Iron and ironing board in the utility room
- Fuse board – in the unlikely event you need it is in the cupboard above the back door

### Cooker and Hob

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# The How Patterdale Cottage

The cooker and hob are easy to use. The manuals are in the kitchen sink drawer. Likewise instructions for the microwave should be in the drawer as well. No metal or foil in the microwave please

## **Dishwasher**

The dishwasher is located to the right of the sink. Please be gentle when opening and closing it! Please do not put anything wooden into the dishwasher and do not overload it. We would kindly ask that you empty the dishwasher before you leave

## **Kitchen Fridge**

Should be fairly self-explanatory but if not the manual is in the kitchen sink drawer. There is an additional larger fridge freezer in the outside utility room.

## **Washing Machine (in outside shed)**

The instructions for using the washing machine are in the kitchen sink drawer. Please do not overload the machine and use only non-bio washing powder so as not to offend our septic tank bugs There is a clothes airer in the shed. Please remember to turn the water supply on and off before and after use.

## The Bedrooms

All fairly straightforward – there is ample hanging space in both bedrooms – with a double wardrobe in the small bedroom. There is a hair dryer in the main bedroom chest of drawers.

## Outside

The key for the outside utility room is the round yale key on the keyring. The utility room is the right hand outside shed.

The cushions for the outside metal chairs are located in this shed. Please ensure that they are returned there at the end of each day.

## Rubbish & Recycling

The dustbin is located outside the bungalow and there is a small bin under the sink in the kitchen.

There is a recycling centre for glass, newspapers, cans and tins in the main village car park in Glenridding – and the proceeds go to our village, so please use it. There is also a fortnightly collection of paper, bottles and cans by the council. Please place these items in the relevant green recycling bin and bag at the back of the cottage.

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# The How Patterdale Cottage

## Local Information

### Tourist Information Centre

Glenridding Information Centre is located in the main village car park and has comprehensive information about the local area (where to go, what to do, public transport, etc) as well local maps and guides. There are also guided walks from the Information Centre, led by National Park Voluntary Wardens. See the Events Guide for further information.

The Information Centre is open 9.30 am to 5.30 pm, 7 days a week from Easter to the end of October. In the winter, it opens from 9.30 am to 3.30 pm. The telephone number is 017684 82414.

### Local Shopping

#### Patterdale

**Crookabeck Farm Shop** in Patterdale sells excellent locally produced Angora Goat Mohair and Herdwick wool socks, gloves, scarves knit kits, and even dog leads! The farm is over Goldrill Bridge, follow the lane to Rookings and turn right. You can visit the farm shop by appointment – call Mary on 017684 82742.

#### Glenridding

**Glenridding Mini Market** (017684 82322) and **R&R The Corner Shop** (07928 792565) are located in the village and provide a range of provisions and souvenirs.

Gifts are available from the **Glenridding Gallery** (07928 792565), which is opposite the Ullswater Inn.

**Catstycam Outdoor Shop** (017684 82351) offers an excellent range of outdoor gear and equipment, including walking boots, cagoules and jackets, fleeces and accessories.

### Mobile Phones and Internet Access

There is limited reception for mobile phones in Patterdale – at the moment it's just Vodafone, and sometimes o2 and EE. If you subscribe to other networks, you can at least get away from things! You should be able to call from any mountain summit (seriously!) or from just beyond Glenridding as you travel towards Penrith (at Glencoyne Bay where the National Trust Car Park is).

The cottage has Wifi – password is on the BT router and near the beginning of this guide. Most pubs, cafes and shops in the area have free wifi.

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# The How Patterdale Cottage

## Eating Out

There are a wide range of places to eat locally. We have listed the main ones below with a quick overview of what is available and whether they are pet friendly or not. Please note at busy times of the year it might be worth ringing and booking a table for evening meals.

### Patterdale

Name	Summary	Phone	Pet Friendly?
<b>Old Water View Riverside Bar</b>	Old Water View B&B just over the road from The How offers a riverside bar which is a great place to enjoy a quiet drink.	017684 82175	Yes (garden only)
<b>The White Lion Inn Patterdale</b>	An old traditional pub that serves food all day. It is also pet friendly, serving “pub grub”.	017684 89278	Yes
<b>The Patterdale Hotel</b>	Serves bar meals to non guests at certain times of the day. Great beer garden overlooking the fells which is a sun trap when the sun shines!	017684 82231	Yes (beer garden only)

### Glenridding

<b>Travellers Rest</b>	A good bar menu and a range of beers. A good mix of locals and visitors.	017684 82298	Yes
<b>The Inn on the Lake</b>	4 Star hotel provides lunches and evening meals in the hotel (with good lake views). In addition to the Hotel Restaurant there is the <i>Ramblers Bar</i> (pet friendly), as well as the <i>Orangery and Candleroom</i> which all serve food. Note the <i>Ramblers Bar</i> is sometimes closed for weddings	017684 82444	Hotel No Ramblers bar and Orangery Yes
<b>The Ullswater Inn</b>	Food available in the bar upstairs and downstairs with plenty of outside seating in the summer.	017684 82228	Yes
<b>Fellbites Cafe</b>	Opposite the TIC in the Glenridding Car Park. This is open as a café in the and offers good food and service. Please ring to check opening times as it closes at certain times over the winter.	017684 82781	No
<b>Helvellyn Country Kitchen</b>	Just before the Glenridding Public Hall open during the day for delicious home cooked meals, great breakfasts and lunches, teas, coffees and delicious cakes. Sometimes open in the evenings – call to check and book.	017684 82598	No
<b>Fairlights Guesthouse</b>	Offers a café throughout the day serving all day breakfasts and lunches. It is at the end of the road on your way into Glenridding on the left.	017684 82397	No

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## The How Patterdale Cottage

<b>Brian Humes Fish &amp; Chip Van</b>	Comes to Glenridding on most Saturday nights from 17:00 to 19:00 and parks up by the Bus Shelter on the one-way system.		
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### *Within 15 minutes drive*

Name	Summary	Phone	Pet Friendly?
<b>The Brotherswater Inn</b>	Turn right out of the cottage and on the way to Kirkstone - the Inn is on the right hand side at the foot of Kirkstone by (unsurprisingly!) Brotherswater. Good honest pub grub in a nice atmosphere. A good walkers pub, as well as serving guests staying at the campsite.	017684 82239	Yes
<b>The Royal at Dockray</b>	Head north out of Glenridding along the lake road (A592) and turn left just before Aira Force to Dockray. The Hotel is just over the bridge on the left. Food served all day and in the evenings. Large beer garden. There is also an "Art Café" open for coffee and cakes in the day.	017684 82033	Yes (Bar and garden only)

You could also try one of the hotels along the western shore of Ullswater, which include the **Leeming House Hotel** (017684 86622), **The Another Place** (017684 86442), and the **Brackenrigg Inn** (017684 86206). All reachable within 20 minutes by car – just head along the A592 towards Penrith.

### *A bit further afield but worth the effort.....*

<b>The Troutbeck Inn (A66)</b>	Between Keswick and Penrith off the A66, CA11 0SJ. Head through Dockray and Matteredale towards the A66. About a 20 minute drive. Bar meals and restaurant menu. Dinner reservations essential.	017684 83635	No restaurant – Yes in the bar
<b>Fellpack (Keswick)</b>	An excellent cafe/restaurant for walkers offering great food including several vegan options. Please see their web site for evening opening times <a href="http://www.fellpack.co.uk">www.fellpack.co.uk</a>	01768 771177	No
<b>Zeffirellis (Ambleside)</b>	As well as the cinema Zeffirellis has a great vegetarian restaurant – you can book a meal deal (cinema and meal) or just book for dinner. Please see their web site for full details <a href="http://www.zeffirellis.com">www.zeffirellis.com</a>	015394 33845	No
<b>The Queens Head Troutbeck (Windermere)</b>	Elizabethan coaching Inn on the other side of Kirkstone just before you get into Windermere. Good food and atmosphere. Again booking advisable for evening meals. About a 30 minute drive – over the top of Kirkstone so always entertaining at night!	015394 32174	Yes (in bar)

If you find any other places that you feel we should include during the course of your stay please just let us know!

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# The How Patterdale Cottage

## Local Attractions

There are a host of places to see in the area and there should be leaflets for most things in the cottage. Here are a selection of our favourites.

### **Ullswater Steamers**

The Ullswater Steamers sail every day to \Aira Force, Howtown and Pooley Bridge. You can take the boat to Howtown and then walk back to Patterdale and Glenridding (about 7 miles/11 km) – described by Wainwright as one of the best walks in the Lake District. Phone 017684 82229. [For timetable click here.](#)

**Glenridding Sailing School**, located on the opposite side of the beck to the Steamers, provides sailing, kayak and canoe tuition and boat hire. Ideal for messing about on the lake! Pete and the team are hugely knowledgeable and very friendly. If you've never been sailing then we recommend booking yourself in for a taster session. Open from Easter to the end of October. Phone 017684 82541

**St Patrick's Boathire:** just outside Glenridding on the way to Patterdale on the right. Rowing boats, kayak and motor boats can be hired. A great way to see the Lake and Jared and the team will make sure you're safe and in control before you set off Phone 017684 82393.

**Aira Force:** National Trust Waterfall on the western side of Ullswater. Head north towards Penrith on the A592 and it's about 10 minutes drive from Glenridding. A nice circular woodland walk takes you to the waterfall itself – which is great at any time of the year but especially after heavy rain (so quite often!). There is also a good café.

**Fishing:** Mostly for Brown Trout (15th March to 30th September) and Perch (June to March). In Ullswater, Goldrill Beck and Brother's Water you do not require a permit, but a National Rivers Authority rod licence must be held, and can be purchased on a daily, weekly or annual basis from either the Pooley Bridge or Glenridding Tourist Information Centre

### **Other Attractions worth a visit:**

**Dalemmain House** - on the way to Penrith. Tours of the house you can also wander through the lovely gardens and eat in the old great hall. (Phone 017684 86450 Postcode CA11 OHB)

**Threlkeld Mining Museum** – quirky small attraction gives you the chance to go underground on a tour of the old mine workings as well as seeing some of the machinery once used. There is also an exhibition charting the mining activities throughout the lakes, including the Greenside mine in Glenridding up the road from Helvellyn Cottage. (Phone 01768 779747 Postcode CA12 4TT).

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# The How Patterdale Cottage

## Children's Activities

For children, there is a **small playground** at the bottom of Greenside Road on the left hand side. As well as the Steamers, Boats and Sailing listed above we also recommend the following Children's Activities in the area.

**Brockhole Visitor Centre in Windermere** has an array of things to keep children entertained including an outdoor play area, boat hire, archery and bike hire. In addition Tree Top Treks (zip wires) and Tree Top Nets are based on site. You can also walk down to the shores of Windermere and paddle in the lake and get the Steamer from the pier to tour the lake. There is a cafe and a small indoor play area. The centre runs additional activities in the holidays, so it is worth checking out their web site prior to visiting [www.brockhole.co.uk](http://www.brockhole.co.uk) (Phone 015394 46601 Postcode **LA23 1LJ**)

A trip to Windermere would not be complete without a visit to one of the many shrines to the great Beatrix Potter. We recommend the **World of Beatrix Potter Attraction** which is ideal for smaller children and has a good cafe. (Phone 015394 88444 Postcode: LA23 3BX)

**Whinlatter Forest Park** is the other side of Keswick off the A66. It has a fantastic play area for kids set in the forest. There is also the Whinlatter Go Ape for older children and adults. There are also a number of mountain bike trails through the woodland and you can hire mountain bikes and Sedgeways!. The centre has an excellent cafe (although it can get a little busy!) And you can even watch the Ospreys on Bassenthwaite via a video link. (Phone 01768 778469 - Postcode **CA12 5TW**)

**Lake District Wildlife Park** near Bassenthwaite has a wide range of animals as well as indoor and outdoor play areas and cafes. (Phone 01768 776239 Postcode CA12 4RD)

**Rookin House Activity Centre** – Rookin House offers a range of activities from horse riding to quad bike trails to human bowling. It is essential to book in advance, particularly in the school holidays. (Phone 017684 83561 – e mail [enquiries@rookinhouse.co.uk](mailto:enquiries@rookinhouse.co.uk))

**Pony Trekking at Sockbridge** (at the Northern end of the Lake) Caters for all age groups and levels of ability; their rides are along pretty country lanes and fells overlooking Ullswater. (Phone 01768 863468).

There are also some good aquariums at Newby Bridge and Maryport.

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# The How Patterdale Cottage

## Local Walks

There are of course literally hundreds of walks in the area and there are plenty of maps and guides in the cottage and available at the TIC and all the local shops. Please make sure you're equipped with a OL5 Ordnance Survey Map (there's one in the cottage and if it's getting a little dog eared please let us know!) and also you have the right gear. In an emergency please call 999 and ask for Mountain Rescue, and of course please follow the country code – no littering, close all gates and respect the local wildlife.

To give you a flavour here is a summary of some of our favourite walks from the cottage....

### **Helvellyn – moderate to tough!**

The “must do” walk in the area! Our favourite ascent is actually via the Grisedale Valley to Hole in the Wall, along Striding Edge to the Summit, back down via Swirral Edge to Red Tarn, and then back down via Greenside back to Glenridding. To get to the Grisedale Valley you can do the “Stepping Stones Walk” (see below) or go past the Church and turn left by the playing field and follow the signs. A word of caution – the weather can close in very rapidly and it can be very windy and slippery on the top – especially on Striding Edge. Our rule of thumb is generally if you can't see the summit because of the cloud then it's probably not worth going all the way! Red Tarn is a great destination in its own right. Also note that on Striding Edge there is a path on the north side of the ridge which switches to the south side just before the chimney – worth bearing in mind if you don't fancy the ridge itself!

### **Place Fell – moderate!**

Our local fell and also generally quieter than Helvellyn but offering some superb views across the valley of Ullswater and across to Helvellyn. The easiest ascent is via Patterdale. Head over Goldrill Bridge (40 yards up the road on the right). Follow the road to the end and veer left and head up onto the fell through the gate on the right. Take either of the right hand paths to Boredale Hause and then veer left and follow the new path to the summit. There is one slight scramble chimney which can be avoided towards the top by taking the path to the left. Once you reach the summit keep going to the cairn – it's great up there and there are plenty of water pool and peat bogs to wallow in if you're a dog! You can then either descend the way you came up, or keep heading north and drop down via Howtown. For a more rapid and exciting descent try coming down Kilbert How to the Lake shore. This is the route of the annual Boundary Walk we do and also makes for a more direct uphill ascent if you're in the mood. This path starts/end just before Silver Point.

### **Angle Tarn - moderate**

Another favourite of ours – a magical place at all times of the year. Again head from Patterdale up to Boredale Hause but bear off to the right and either take the “low” path or go up and over Angle Tarn Pikes to Angle Tarn itself. When you're at Boredale Hause it's worth taking 10 minutes to go straight ahead and take in the view down into Martindale below High Street. In the autumn you'll see the Red Deer herd and in October you'll probably hear and see the Stags in full rut mode!

### **Stepping Stones in Glenamarra (fairly easy)**

A good morning wake up walk from the cottage for you and the dog! Head left out of the cottage, and just before the post office turn left and follow the path up behind the loos. Keep going and then go through the gate up onto the fell. Follow the path straight up and go through the gate. The path to the left here takes you up Arnison Crag if you are in need of elevation. If not head into Glenamarra Park, follow the path and you'll come to the Stepping Stones over the beck. Keep going on the path and you'll get to another gate on the right. You can either drop down onto the road from here and come back to Patterdale, or keep going to the left (not straight up as that will take you to St Sunday Crag which is bit much for early in the morning!). Follow the

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# The How Patterdale Cottage

side of the wall through the pine forest and you'll reach another gate. Go through this and follow the wall and you'll see Grisedale Valley on your right. Go through the first gate on the right you come to and drop down to the valley floor. Then turn right and head back down the road to Patterdale. Morgan's favourite morning walk!

## Howtown to Patterdale

The classic walk. Take the Steamer from Glenridding to Howtown Pier and then walk back along the Lake Shore to Patterdale. It's about 7 miles or so walking on the way back and it's not all gentle lakeside strolling with a fair bit of ups and downs but a great walk nonetheless and one for all the family (we first took our son when he was 3!). You can also do the reverse walk of course from Patterdale to Howtown.

We have loads of other favourites of course so if you want some inspiration let us know!

## Walking With Dogs in the Dale

One of the joys of this part of the country is that it is ideal for walking dogs off the lead. However there are many temptations so please make sure your dog is under control at all times and especially during the run up to and during the course of the lambing season which runs from March to May. You should also make sure your dog is on the lead whenever you're in a field with sheep in. Also watch out for the cows, especially in Glenamarra Park (behind us in Patterdale) between Easter and September. We've found the trick with cows and dogs is to let the dog off the lead, walk through the cows yourself and then call the dog. Whatever you do don't run but feel free to make plenty of noise and wave your arms if the cows start following you (as they have a habit of doing!)

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## Bus and Trains

The nearest train stations are Penrith (North) and Windermere (South). For train times please call the National Rail Enquiries Line on 08457 48 49 50. On the buses, Stagecoach runs the 108 service from Penrith to Glenridding and Patterdale. There is also a 517 service from Ambleside to Patterdale and Glenridding operating in the summer. For further details call Traveline on 0870-608-2608. The nearest bus stop is just along from the Patterdale Hotel (towards Glenridding) and on the opposite side of the road in the carpark.

## Local Churches

St. Patrick's Patterdale (Anglican and Methodist). Tel: 017684 82209. Located about half a mile down the road from us on the left hand side of the road just past the school.

## Local Taxi

M&A Private Hire (Glenridding) 017684 82372. Mobiles: 07770444159 / 07766634299 – best booked in advance.

## Other Local Info

If you wish to watch (or avoid!) any major sporting events on Sky TV, these are normally shown in the Ramblers Bar at the Inn on the Lake or the White Lion Pub.

The local cinemas are in Penrith, Keswick, Bowness and Ambleside (Zeferellis). Keswick also boasts an excellent theatre – the Theatre by the Lake. Full programme details are in the local press (Cumberland Herald for northern Lake District and Westmoreland Gazette for southern Lake District).

**PLEASE NOTE THE POSTAL ADDRESS OF THE COTTAGE IS  
*THE HOW, PATTERDALE, PENRITH, CUMBRIA, CA11 0NW*  
PLEASE QUOTE ADDRESS IF CONTACTING EMERGENCY SERVICES**

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